

FC America Youth Academy League puts soccer players one step ahead.....

Introducing a fun and exciting way to learn the Beautiful game of Futbol (Soccer) For our young players, our primary goal is to introduce soccer as a great way to have fun. We're trying to create life-long soccer players and fans. We do this by using a *Small-Sided* format, with only four players from each team playing at a time. And who better to bring Youth Academy League to the QC area than FC AMERICA, (Futbol Club America) a competitive soccer club, where the focus is the fundamentals & developing the all-around player and HAVING FUN!



Franco Muñoz, President/Coaching Director of FC America, came to the United States from Bolivia with his parents in 1979. Franco has coached players at both the high school and collegiate levels for over 10 years. As a player, Franco was the all time leader scorer for St. Ambrose during 1992-1996. Recognized by many for his love and knowledge of the game, Franco has a gift for motivating his players both on and off the field. Franco Muñoz received his undergraduate and graduate degrees from St. Ambrose University in 1996 & 1999.



The FC American Way.....



It has become widely recognized that a group of six year olds playing 11v11 on an adult size field is not the best way to introduce soccer to young players. Small-sided soccer (3v3, 4v4, 5v5, etc.) has been created to break the game down to its core; making it accessible to even the youngest children. Small-Sided Soccer is a must because it explores every aspect of the game for young players from why small-sided soccer makes sense to coaching strategies, practice suggestions and age appropriate rules structures. Everyone involved with entry level soccer has a tremendous responsibility to make the experience as positive as possible because it will have an enduring affect on how those children view the game.

If your **GOOOOAL.....** is to build and develop better touch and skill, advance tactically and have a great time, FC America Youth Academy League is for you. **But be advised:** As a player - **YOU CAN NOT HIDE**. Here are some of the reasons why I believe we, as soccer coaches, administrators and parents must guarantee that our young soccer players play small-sided games:

Because we want our young soccer players to touch the soccer ball more often and become more skillful with it! (Individual technical development)

Because we want our young soccer players to have more, involved playing time in the game! (More opportunity to solve problems that only the game presents)

Because we want our young soccer players to have more opportunity to play on both sides of the ball! (More exposure to attacking and defending situations)

Because we want our young soccer players to have more opportunities to score goals! (Pure excitement)

TO HAVE FUN!

Players in our U5 - U8 divisions play 4 versus 4 on the field with no goalkeepers.

Age Players Field (Yds) Goal Size (Ht x W)

U5 4 v 4 no GK 3 2 x 20* 20 x 30 4 x 6

U6 4 v 4 no GK 3 2 x 20* 20 x 30 4 x 6

U7 4 v 4 no GK 3 2 x 22* 25 x 35 4 x 6

